

Pre-Conference Workshop
2 days
25-26 April 2020
International Psychology Centre

Schema Therapy for Couples: Practitioner Training

Abstract

Day 1 will include Introduction to couple therapy including a systems perspective, the first interview, Assessment with genogram, Working hot with Emotion Focused Couple Therapy, Role play, Schema Therapy perspective, Inter-relationship of schemas and modes, Mode mapping and Mode Cycle Clash Cards, intervention with chair work, and a special focus on affairs. Day 2 will include Imagery work to build couple empathy, Family of origin dynamics, Re-scripting messages, Distinguishing needs and wants, Behaviour pattern breaking, Case conceptualization, Building Healthy Adult and Hidden or implicit learning for couples.

In addition, to accreditation by ISST (International Society for Schema Therapy) it is also accredited by Malaysian Association for Psychotherapy (MAP), Malaysian Cognitive Behavioural Therapy Association (MCBTA) and International Society for Psychotherapy, Counseling & Psychotherapy (ISPCP)

Presenter



Dr. Bruce A. Steven

Professional Profile

Professor Bruce Steven obtained his PhD at Boston University in 1987. He is Wicking Professor of Aging and Practical Theology at Charles Sturt University and was previously Associate Professor in Clinical and Forensic Psychology in the Clinical Psychology program at the University of Canberra with over 60 graduate students.

He is an endorsed clinical and forensic psychologist, who has written ten books for publishers such as Random House, Harper Collins, PsychOz Publications, Australian Academic Press and Wiley-Blackwell including the popular *Breaking Negative Relationship Patterns* and *Schema Therapy with Couples*. Professor Steven has advance ISST accreditation in Schema therapy (individual and couple).

