

# **Post Conference workshop**

**3 Days**

**Date: 29 April-1 May 2020**

**Venue: International Psychology Center**

## **"The Model, Method, and Techniques"**

**By**



**Dr Robert Brockman**

**SCHEMA THERAPY TRAINING AUSTRALIA (STTA)**

**PhD/DClinPsy, Clinical**

**Psychologist (Sydney, Australia) ISST Accredited Schema  
Therapist, Supervisor & Trainer**

**Accredited by ISST (International Society for Schema Therapy), ASST (Asia  
Society for Schema Therapy), MAP (Malaysian Association for  
Psychotherapy) and Malaysian Cognitive Behavioural Therapy  
Association (MCBTA)**

This introductory workshop will help attendees gain an understanding of the Schema Therapy model and provide an extensive platform for learning new skills and techniques used in Schema Therapy. The workshop will address both the schema and 'mode' models. The training is skills based, with multiple opportunities to learn complex techniques for working with difficult-to-treat clinical populations, with a particular focus on Borderline Personality Disorder and its treatment. It will provide you with a good platform for learning and practicing skills, as well as direct coaching of skills therapists often feel less confident in applying. This workshop presented by STTA is accredited by the International Society of Schema Therapy (ISST) as a 3-day introductory workshop that can be used for the purpose of accreditation as a schema therapist. In addition, to accreditation by ISST (International Society for Schema Therapy) it is also accredited by Malaysian Association for Psychotherapy (MAP), Malaysian Cognitive Behavioural Therapy Association (MCBTA) and International Society for Psychotherapy, Counseling & Psychotherapy (ISPCP)

## **Professional Profile**

Dr. Robert Brockman (Schema Therapy Training Australia; Australian Catholic University)

Experienced teacher and supervisor on clinical psychology masters programs in Sydney since 2010.

Practiced clinically in both public (e.g. Hospitals, community mental health) and private health sector positions (private practice) in Sydney.

Accredited by the International Society for Schema Therapy (ISST) as a schema therapist, supervisor, and trainer.

Holds a fellowship with Australian Catholic University (ACU) for research in psychological approaches to well- being.

Current research focuses on extending the schema model into novel populations (e.g. GAD, Eating Disorders, HIV Sufferers, Therapists, Psychosis, Asian Populations).

Conducts ISST accredited training workshops across Australia, New Zealand, Hong Kong and Singapore, and is a consultant clinical supervisor for Institute for Mental Health (IMH) Singapore.

## Workshop Prices

Category	Early bird registration (on or before 31 Dec 2019)	Normal registration
Prices	RM 3117	RM 3400

For inquiries, please email to [Info@Psychology.com.my](mailto:Info@Psychology.com.my). or visit [www.ISPCP-TRCP.org](http://www.ISPCP-TRCP.org)

